

**West Midlands CAMHS Network**  
**Thursday 20<sup>th</sup> May 2010**  
**9.30am – 4.00 pm**  
**NOTES FROM MEETING**

**ATTENDEES**

Fran Tummey, WM RDC	Lorraine Barnes, WM RDC (Minutes)
Karen Abel – Solihull CAMHS	Tracie Fulton, NHS West Midlands
Peter Gray, Staffordshire CAMHS	Mandy Smith, GOWM
Wendy Woodhouse, Wolverhampton	Linda Cropper, NHS Dudley
Jo Treacy, WM RDC	Sallyann Sutton, WM RDC
Carolyn Gavin, WM RDC	Peter Ashplant, Youth Justice Board
Mai Gibbons, WCC PCT	Anne Marie Carey, Dudley & Walsall MH Trust
Jed Jerwood, National Treatment Agency	Roger Cook - SCT

**APOLOGIES**

Bruce Kirk	Kam Kaur
Helen Middleton	Chris Parker
Roger Graham	Su Cuerden
Eloise Owen	Jo Drury
Alastair Barnett	Stephanie Andrews
Fred Gravestock	Marion Versloijs
Lorraine Roberts	Joanne Miller
Alison Heard	Hazel Douglas
Claire Paintain	Paula Wilman

**1. WELCOME AND INTRODUCTION**

- Fran welcomed all the CAMHS Network meeting.
- Wolverhampton CAMHS for the Youth Diversion Project will be attending to do a presentation.

**2. NOTES FROM THE PREVIOUS MEETING**

- Page 1 – Accurate
- Page 2 – Accurate
- Page 3 – Accurate – Val Lake coming to a future meeting – Jo Treacy to chase
- Page 4 – Accurate
- The notes were signed off as being an accurate account of the notes – the notes will be on the web site shortly.

**3. MATTERS ARISING**

- None

JT

#### **4. BRIEF NATIONAL AND REGIONAL UPDATE**

- National – Details of the participation Conference have been circulated on the 28<sup>th</sup> October. Going to be a young person led conference.
- Regional – WM have clustered the PCTs into 5 Clusters – Arden, Birmingham, Black Country, Staffordshire, West Mercia. QIPP very high on the agenda.
- RDC – working on QIPP priorities, 16 QIPP priorities for the SHA – one on Early Intervention in Mental Health with an initial emphasis on relations between CAMHS and EIP teams. Want to strengthen the thresholds between CAMHS and EIP. Four events being held around the region.
- Day at looking at Age Appropriate environment on the 16<sup>th</sup> September. Katherine Pugh and Regional Speakers to be involved. Helen Hipkiss will chair and the emphasis will be on self assessment against the Action Plan Template from NMH DU. To be aimed at Adult MH Staff, Youth Justice, CAMHS. Gary Holland has been doing some work on POS (Place of Safety).
- Children and People CJ System – doing some work on the back of Healthy Children Safer Communities report
- Work around You're Welcome and Bruce is to be involved in this
- Health in Youth Offending Teams
- LAC Project – Looking at the Health of Looked After Children Carolyn Gavin working on this. Going to be overlaps with the Youth Justice System. Further information to follow.
- CAMHS – Money is very tight, but have funding to continue this group until next March. Another CAPA Day has been pencilled in for the 19<sup>th</sup> October. Jo has been collating this information from the last CAPA Day.
- You're welcome CAMHS Day on the 23<sup>rd</sup> June – some places still left.
- Commissioning workshop on the 17<sup>th</sup> June – Part II – Mark Malloy running this for us. Event now full. If still interested still apply and we will put names on the reserve list.
- National Support Team – hope to have another visit in the Region – Worcester have put their names forward for this visit.

#### **5. WOLVERHAMPTON CAMHS YOUTH DIVERSION PILOT**

- Uma Sharma who is a Mental Health Practitioner/Counsellor and Sophie Gwinnett who is a clinical Psychologist from the Wolverhampton CAMHS Youth Diversion Pilot, came along and gave a presentation on the PAUSE Project (Presentation attached). Work on Youth Justice and

Diversion Project – PAUSE project. Also have an assistant psychologist Janine. 6 Pilot schemes within the country.

- Letter is written to the Young Person and Parent/Carer with a visual aid.
- Peter Ashplant to take up the issues with the Police in the Wolverhampton area and feed back to the PAUSE Project as they do not have TRIAGE
- Pilot has been extended from March 2011 for another year.
- Will be happy to come back and feed information back into a future meeting

PA

## 6. NATIONAL TREATMENT AGENCY

- Jed has come along to the meeting to come and talk about the National Treatment Agency. Sits between Public Health and Substance Misuse. Has been around for nearly 10 years, bridging between the Home Office and Dept of Health. Adult side interested in Drug Treatment, and do not have a remit. For Young People are interested in all services. Work in Partnerships, Children Services and Commissioners. Have Network meeting that meets bi monthly/quarterly. Try to build relationships with CAMHS and Childrens Services.
- Children budget has come from top slicing the Adult Budget. Funding for the Pool Treatment Budget is ring fenced (Tier 3 / 4). Now using Child Wellbeing budget/environment factor, which works on a need basis.

## 7. 18 WEEKS

- Held an 18 Week workshop on the 29<sup>th</sup> March. Well attended by all areas. Jan Yeates from the SHA gave guidance on 18 weeks (now working on QIPP). In CAMHS referrals do not hit the 18 week targets – a lot are going beyond. No requirement from the SHA to feedback to them. Did some work around key issues around 18 weeks, biggest issue, information, and how managed along a pathway. Jenny Stevens from Worcester is part of a pilot and would be happy to update this Group. Jo to invite Jenny to a future meeting.
- Plan to do second workshop around pathways. All information from that day is on the WMRDC web site under CAMHS – 18 week link.

JT – Agenda Item

## 8. LOCALITY UPDATES

Wolverhampton – Trying to refresh action plan, and strategy. Changes with central and local gov making it difficult. New build area in Wolverhampton, which has a CAMHS service. Hope to have a safe crash pad and will also have 24 hour residential functions. Generic service being extended to 8.00 pm Monday to Friday. 5.00 – 6.00 not a good time, but wait to

see about after 6.00pm This also includes work with Crisis and Home Treatment Teams. This is starting as soon as Rota set up (next month).

Government Office – Social Critical Pilots with the HA. Initial meeting with looked after childrens nurses. Ex healthy care lead, and theatre company. Need to know more about what is happening in the region, and also how to use creative techniques and support health and well being of children. Started working Dudley, Warwickshire, Walsall and Shropshire, 6 foster carers, residential staff, system directors, school heads, looked after childrens nurses, and few other professionals. First meeting held last week, talking about principals rather than training. Next workshop on the 23<sup>rd</sup> June. Now have Foster Carers magazine, supported through DoH and NCB.

Dudley and Walsall – CAMHS Vision Day. Making links with all partners. Dudley Metropolitan Borough council has just cut 50% of Health Advisors for Education (jobs at risk). Favoured model partnership model rather than going to Acute Model.

MH Trust sorting out Management Structures. Lots going on at the moment, and getting involved in. Children Emotional Wellbeing day in June.

Solihull - CAPA Implemented from January. Evaluated after June, staff, Service users perspective. Implications for Medics, as seeing more volume in offering 12 appointments per week. Management Team focusing on Cost Savings, through natural wastage, selling annual leave back to the trust. Solihull Approach, parenting programme. Rewritten Foster Carers pack and going to pilot in September. TAMHS project focusing on delivering. NST visit, very positive about service delivery.

South Staffs – Issues with cost savings. 24/7 Pathways. TAMHS Projects are in phase 3. CAMHS Needs Assessment on risk and vulnerability factors, trying to find hot spots, identified now. Moving on to mapping activity for Tier 2 and 3. 24/7 in South Staffordshire, but North Staff a little behind hope to have in place by September. Jo facilitating event in South Staffs linked to 24/7 soon. Updated Strategic Implementation Plan, and trying to get down to Key Priorities.

Jas – Pilot Project for Workforce Development tool, first meeting a week ago. Hope to have Integrated workforce plan by end of November. Stage 3 audit of self assessment taking place shortly Also leading on healthy child programme from 5 – 19. Looks at well being and tamhs work.

NHS West Midlands – Tracie has a new job. Lot of discussion about structures and how Clusters will work.

YJB – Working with small team validating Strategic Planning and Youth Offending Services. Been to 9 groups so far. Assess plan implement and supervise APIS – how they are performing against National Indicators. Core Case Inspections in the near future.

## **9. HEALTHY CHILDREN SAFER COMMUNITIES**

- Peter gave an update and presentation on Healthy Children Safer Communities and a copy of the presentation is attached.
- 5 Indicators for Public Service Agreement.
- Met yesterday with Young Peoples Learning Agency (New LSC). Will be fully functioning at a locality level from September. Talking with GO re Safeguarding, Local Safeguarding Children's Boards in Local Authorities, the YJB will influence how they work.
- Also working with Bruce Kirk and looking at Adolescent Health Plans.
- Works with Sue Raskelf in the West Midlands.
- Review Serious Incidents ie as a victim of a serious crime, now had 35 in the last 6 months. Now look at prior to the information provided to see what can have been done to stop the SI's – Safeguarding a real issue for those in the Criminal Justice system.
- Key Worker attached to a family, and look at crisis points of life.
- Participation not a theory but has to be an active process. DVD Project in Dudley where the Young Person makes their own dvd about the work they do with the Youth Justice Service.
- Young people are children first and offenders second.
- Family Intervention Programme part of YOS Service – Youth Crime Planning Intervention in every area. Suggestion to get a FIP team member along to one of the meetings.
- Assessment tool called ASET (come into the Criminal Justice System and go to court) and one called ONSET

FT–Agenda item

## **10. TIER 4 UPDATE**

Roger gave an update on Tier 4. Email sent out from Roger. Took over 100 children in in april, but May has been a little quieter. Currently target young people who have been in for over 200 days, at a cost of £100k. Cannot chase all cases so have to look at lists ie over 200 days. Some persistent eating disorder cases, is it worth trying something else on a home base rather than keeping them in hospital. Knowledge can be shared with cases that have been challenged. Few queries

about how Tier 3 plus savings are being realised. Funding formula that has been agreed is 3 year rolling average. Savings made in 2007/08 would be coming real money in 2010 full effect of savings won't come onto balance sheets until 2013. CPA review as a commissioner make themselves known to the young people before the meeting. Any payback on contract value, when would you get reimbursed. Roger to find this information out

RC

Out of Hours – Walsall struggling, 8 across the two localities in the last financial year, and instead of them going onto child ward, having to be put on adult ward into Mental Health Adult beds. Ann Marie to do Roger an email on this subject for RC to look into

AM

Ann Marie to email Roger in future the day after an Out Of Hours fails for Roger to be able to look into

AM

Hope to be able to present back on Mother and Baby next month.

#### 11. VIK (VERY IMPORTANT KIDS) PARTICIPATION IN PRACTICE

Marcia gave us a warm up exercise with “Boppitt” followed by an exercise on participation. To put information on basecamp. Parent / Carer Helpline, do not get many calls for the West Midlands – Marcia to give a breakdown for the area. Marcia to give link for website [www.Youngminds.org.uk](http://www.Youngminds.org.uk) look at Messin with our Heads short film made by VIK.

MH

#### 12. PBR AND PATHWAYS IN ADULT MENTAL HEALTH SERVICES

Mike Clark came along and gave a talk on PBR and Pathways in Adult Mental Health Services. Working on Mental Health Programme PIC. Care clusters model. Care Cluster Model developed in Yorkshire. Still really Payment by Activity and not PBR.

- First issue would be about what the clusters are
- Clusters will be set nationally
- Colleague of Wendy's to come and share the work that he has done on CAMHS
- Invite Mike Clark to the July Meeting

WW

LB

#### 13. TAMHS UPDATE

Phase 3 officially on board from 1/4/10. RAG ratings back, so on target for delivery of plans. Phase 1 and 2's have resubmitted updated project plans. First of four regional days on the 27<sup>th</sup> May at Maple House. Mark Rayne coming along

from the RDC re Early Intervention and Psychosis from Walsall to talk about TAMHS and EI and how to help each other.

**14. AOB**  
None

**15. DATE AND TIME OF NEXT MEETING**  
Tuesday 20<sup>th</sup> July from 9.30 – 4.00pm

**16. AGENDA ITEMS**  
Development Sessions to include Presentation by Jonathon Loveitt Pathways and PBR for CAMHS

**17. FUTURE DATES**  
Monday 27<sup>th</sup> September  
Thursday 18<sup>th</sup> November  
Tuesday 18<sup>th</sup> January  
Wednesday 23<sup>rd</sup> March 2011