

West Midlands CAMHS Network
Wednesday 24th March 2010
9.30am – 4.00 pm
Uffculme Centre, Queensbridge Road

Attendees

Fran Tummey – WM RDC (<i>Chair</i>)	Sallyann Sutton – WM RDC
Bruce Kirk – Government Office	Anne Marie Carey – Dudley
Linda Cropper – Dudley CAMHS	Peter Ashplant – Youth Justice Board
Peter Gray – Staffordshire CAMHS	Roger Cook - SCT
Chris Parker – Worcestershire LA	Tracy Fulton – NHS West Midlands
Carolyn Gavin – WM RDC	Wendy Woodhouse – Wolverhampton
Claire Paintain – PAN Birmingham	
Elijah Collins - Sandwell	

In Attendance

Lorraine Barnes

Apologies

Alison Heard - North Staffs	Ansley Stenning – Birmingham CAMHS
Dr Hazel Douglas – Solihull CAMHS	Fred Gravestock – Shropshire County PCT & Shropshire Council
Helen Kelly – Solihull CAMHS	Jasbant Mann – Walsall
Kate Harker – Warwickshire CAMHS	Mandy Smith – Government Office
Margaret Fox - Telford	Paula Wilman – Stoke on Trent

1. Welcome and Introductions

Fran welcomed everyone to the meeting. Apologies for all the changes in the Agenda, had three speakers cancelled.

2. Notes of the last meeting and Matters arising

Page 1 – Peter Ashplant – Youth Justice Board and not government office

Page 2 – 3.4 – Workshop was very enjoyable, but Fran was unable to attend. Mark Malloy – Happy to do a follow up to workshop – responses to Fran as to what you want included.

Page 3 – Accurate

Page 4 – Accurate

Page 5 – Accurate

Notes from the last meeting were agreed

Action

Matters Arising – None

January meeting notes uploaded onto website.
<http://wmrdc.org.uk/children-and-families/children-young-people-and-families/child-and-adolescent-mental-health/west-midlands-camhs-network-meeting/>

3. Brief National and Regional Update

- 3.1 National Advisory Council for CAMHS Review have now responded to the governments response. Fran will pull something together for next meeting. NAC have been visiting CAMHS around the country (visited WMS in April)

There are 4 key issues

- stronger and more coherent leadership
- better commissioning
- more confident and skilled workforce
- real participation.

Examples of emerging practice – nothing from the West Midlands

- 3.2 National CAMHS website moved to chimat website (<http://www.chimat.org.uk/camhs>)

Age Appropriate Environment coming into force 1st April. No one will be admitted onto an adult ward inappropriately.

- 3.3 Code of Practice does highlight the consideration of the individuals circumstances, maturity etc. – NMH DU website – lot of resources and guidelines <http://www.nmhd.org.uk/our-work/improving-mental-health-care-pathways/implementing-the-amended-mental-health-act-1983/mental-health-act-2007-implementation-programme-children-and-young-peoples-workstream/?keywords=children+and+young+people>

- 3.4 NHS standard contract for mental health services published. http://www.dh.gov.uk/en/Managingyourorganisation/Commissioning/Systemmanagement/DH_085048Mental

- 3.5 Tell us four has been published (National Indicator 50)

- 3.6 Enhanced Healthy Schools are choosing emotional wellbeing as focus area. TAMHS will help with this.

- 3.7 CAMHS EI National Survey – thank you Ann Marie (Dudley) who piloted this. Results are in and are being analysed by Rethink.

- 3.8 Regionally

CAMHS conference on 11th February. All presentations have been placed on web site. Lesley and Jo Smith complimented each other with their presentations 3 young people talking in the afternoon, were fantastic! Also Young people that took part in the workshop really enjoyed it.

Sandwell did 2 workshops and also contribution from Birmingham teams.

3.9 National Support Team came into Solihull, met with lots of people. Feedback from Solihull – across LA (CT in Solihull), Children Emotional and Wellbeing shot up the Agenda. NST will be happy to come and visit the area and another locality if wanted. Please let Fran know if interested.

3.10 Leadership course – just finished – 15 participants went through this course. Very good feedback and will be put onto web site. Hope to run next year, but change the focus. Over 6 sessions over 6 months, and run over a teaching presentation style in the morning with action learning sets in the pm. When expression of interest submitted, put a project focus for the areas, and will be extended out (extra sessions). Fran should have more news next time we meet.

FT

3.11 People who have completed the Leadership Course – set up an online forum for people to support each other between. Set up a National Forum for people to support each other for service improvement activity.

3.12 Looked after Children – Carolyn will be leading on this, but Carolyn to speak about later.

CG

3.13 Joint work going on with the Youth Offending Pathway in the RDC around Healthy Children Safer Communities.

3.14 (Choice and Partnership Approach) CAPA Day in October, last year, - should this be repeated? Would be nice to have an update. Last time Worcester, Dudley and Solihull – Wolverhampton have own version of CAPA. Wolverhampton not had a waiting list for 7 years, so very successful. Helpful habits of CAMHs! Would be very helpful for Birmingham CAMHs, as would be able to learn from other areas. Fran to put in a proposal for another day. FT

3.15 CAMHS SAM – Snapshot will not be taken off until June. Do not need to go through Fran anymore to register.

4 National Workforce – Val Lake - presentation cancelled, to be held at next meeting

Agenda

5. **Healthy Children Safer Communities** – Fran gave a presentation on the above

Healthy Children Safer Communities (DH Link)

Peter would like to use this opportunity to talk and work with the Group regarding HCSC. Would like to draw key priorities from HCSC and try to make sense of connectivity of regional and local level. How do you measure what is effective, and how do you implement, and learn. Parenting is effective as a regional group, and how this would link into a regional group. Peter would be happy to talk to his YJ Board Colleagues. Have as an agenda item for next meeting.

Agenda

Wolverhampton Youth Justice Project will be happy to present at one of the meetings. Wendy Woodhouse to organise for either 20th May or July meeting

WW

6. **Locality updates**

Sandwell – TAMHS priority for 2010. Number of facets. CAMHS strategy for the next 3 years. Improving access to T1 services. T1 workforce development programme to be rolled out shortly. Transitions working with Swaran Singh – compare areas that have a transition worker.

Pan Birmingham – Respecify CAMHS service in Birmingham. 6 high level care pathways. Try to make them outcomes focused. Talking with Birmingham CAMHs about CAPA model. Completed CAMHS needs assessment. Piloting T3+ for this year. Going out to tender if model proves sustainable. Firming up work programme for the next 3 years. Looking at vital signs around EI. Lot of good practice, but capturing is a problem – using guidance for this, and finding it quite helpful. Fran to attend one of CAMHS Commission Board Meetings. Struggling around IMHA and putting plans together to address this.

Worcestershire LA – Adult Mental Health and Childrens working closely together on Service Specification, in pathways. Young people moving through to Adult Mental Health. 3 CAMHs teams in the County, CAPA really well embedded in the one but the others working with. TAMHs project working on. Proxy targets in relation to adults and Childrens Mental Health Services. Business Case agreed for NHS Commissioners for solid arrangements for 24 hour cover which has not had before.

Dudley - Team now 17 months old, major restructure. Five groups into Mental Health, CAMHS going into EI, CAMHS EI eating disorders, national deaf service. Also has some substance misuse. Some ways joint commissioners in others not, but leading

across Dudley and Walsall. Looking forward to working with new commissioner. Starting to look at Pathways and Payment by Results. Jonathan Lovett, (Payment by Results/Pathways) going to come and present to Group in July. Michael Smith going to come along at next meeting to talk about Adults.

Workshop being held in May. Found £17k that was lost for CAPA. Just starting on TAMHs Pilot, and also have links into extended schools.

On RDC Website, under Models of Care, Service Specs which are downloadable – 80% complete so commissioners can localise.

Wolverhampton – Due for an Ofsted inspection. CAMHS LAC team were given good feedback. Will be held on a Wednesday, but not sure when / shortly. Youth Justice project underway. Crisis and Home Treatment Team that began October last year. Working on getting in protocols and policies, team work 8 – 8 7 days a week. Demand not very great at the moment, but do self harm assessments on the ward of a weekend. Opened to GP's out of hours, Social Services not to bad – not used to service being available at present. Very busy during the week, but hopefully this will change. Also focusing on specialist care pathways (CAPA). Something we always do but want to formalise the pathways.

Transforming Community Services – whole provider arm of Wolverhampton PCT going. Plans have gone into SHA. For CAMHS will be part of Adult Mental Health, but will be part of a Foundation MH Trust. This will happen by April 2011.

NHS West Midlands – Continuing to focus on work streams at present. Looked after children, and then connecting with the workforce development scoping. Do not know about any funding to be bidding for yet.

South Staffordshire – Advertised Transition Worker. ASD out to tender for new spec service for South Staffs. CAPA a little bit further than last time. Taking on Your Welcome work.

Lot of change in South Staffs, new investment. Working around 24 / 7 for North Staffs, some of it red flags, as not supporting brilliantly. Some about service redesign, within the providers. New specs around NHS Contract. Looking about how to build more outcomes into service specs and use SVQ's. Just done a CAMHS needs assessment, which will highlight hot spots.

Youth Justice Board – Youth Offending Teams have been around for approximately 10 years. Stating to see Youth Crime statistics. 3 key areas, preventing offending in the first place, reducing re-

offending, reduce the custodial numbers. 30% reduction in first time entrants, 10% re-offending, youth offending too may empty beds. Concerned about future cuts. West Midlands Region on Youth justice Offending best in the country. EI concerned new forum collection of old forums, Youth justice prevention grants, targeted youth support, think family. Will be able to share good practice.

Parenting commissioning side – quality and national indicator set – prove where they are. Some of the indicators not relevant.

Brinsford being decommissioned. Close link between secure estate and performance property. Do have an influence on the service the YOS provides.

Government Office - Integration taking place at a number of different levels. IYSS Managers network meeting, integrating health into young people's plans. An audit of GP Registrations for Young Offenders at point of release to ensure that a young person is registered with a GP on release.

You're Welcome – (<http://yourewelcome.dh.gov.uk/>) All PCT localities have implementation leads in place. Some have two leads so there is a back up. Self assessment tool kit has gone live on line. When you go onto the site, you will be asked to register. This will then send an email to the implementation lead in your postcode area. Only been online for 4 weeks, have more services registered for the tool kit than in other regions around the country.

Carolyn advised on the Action Learning Sets for East of England – few people from Lewisham and Great Yarmouth fitted really well with CQC. Hoping to have a You're Welcome launch for supporting the region with a focus on CAMHs. 22nd and 23rd June provisional date for a Launch.

Workforce – Not much growth within the West Midlands. Reduction in the amount of nursing staff within CAMHs in the West Midlands – are they in different posts? Carolyn is looking for good examples of how structures have changed. ACTION ALL

Expression of interest – one in the West Midlands area. If there are other areas that are interested, if you did not get picked you can shadow others – details on the CHIMAT Web site.

7. **Tier 4 update – Roger Cook – SCT**

Writing contracts, up to 116000 words written. T4 activity has broadly speaking has started to drop since September. Had some vacant beds. NHS spend will have gone down but independent gone up. Quite a lot of staff changes in the last 3 – 6 months. Working with BCH. Going to be involved with Tier 3 work will need

All

to change the way that they work. They have appointed some clinical nurse specialists of each ward to look at discharges.

Participation – Service User Consultation – not allowed to consult with Service Users during Election period.

Out of Hours Service being reviewed next Thursday, have had one admission a month since last October. There have been some issues over transport, but PCT's are paying for this – none rejected yet.

Private Insurance Cases – Some will admit young people whose parent's have BUPA insurance, this insurance lapses after 28 days and is mainly around eating disorder cases.

Staffing – Roger Golling has been promoted to Head of Department. Steve Keith from South Staffs has been appointed, and will start shortly.

8. TAMHS update - Sallyann Sutton TAMHS LEAD, WMRDC

Phase 3's coming on board starting on 1/4/10 – 6 phase three's. Submitted project plans which were RAG rated. 5 out of 6 had to resubmit plans.

Phase 1 & 2's going along nicely. Biannual reports due at the end of March. Priority Phase 3.

Last year for all of the pathfinders, local evaluation and revaluation. 4 regional meetings each quarter.

Regional TAMHs day tomorrow at Edgbaston Cricket Club.

Article in Young Minds regarding TAMHs.

9. Regional workforce update, Carolyn Gavin, Workforce Lead, WMRDC

- **LAC guidance**

Carolyn gave a presentation

Any contacts please let Carolyn know.

10. National Indicator 50

Fran gave a presentation on NI 50

Non statutory guidance for emotional health and well being.

Support delivery of NI50 and NI51. Only have Warwickshire in our area.

11. AOB

Sandwell - Youth Rehabilitation Order – A court can ask a Local Authority whether the person is a pupil of Mental Health – who pays for this service? Does the Youth Justice service pay for this or does it come out of the CAMHs budget. This has 18 requirements to go with the order – there has to be an assessment within the pre-sentencing report ie treatment plan being identified. The YOS Management Board should look at this – as this is a resource issue and should be discussed at a strategic level.

Commissioning Workshop – Part 2 – please let Fran know if you want this to happen

All

- 12. Date and time of next meeting**
20th May 2010 venue to be confirmed

- 13. Agenda items/presentations for next meeting**
 - Marcia Harvey, Young Minds VIK participation
 - Michael Clarke from the RDC
 - Jed Jerwood National Treatment Agency
 - Wolverhampton Youth Justice project
 - Healthy Children Safer communities.

- 14. Apologies for next meeting**
Bruce Kirk, Government Office